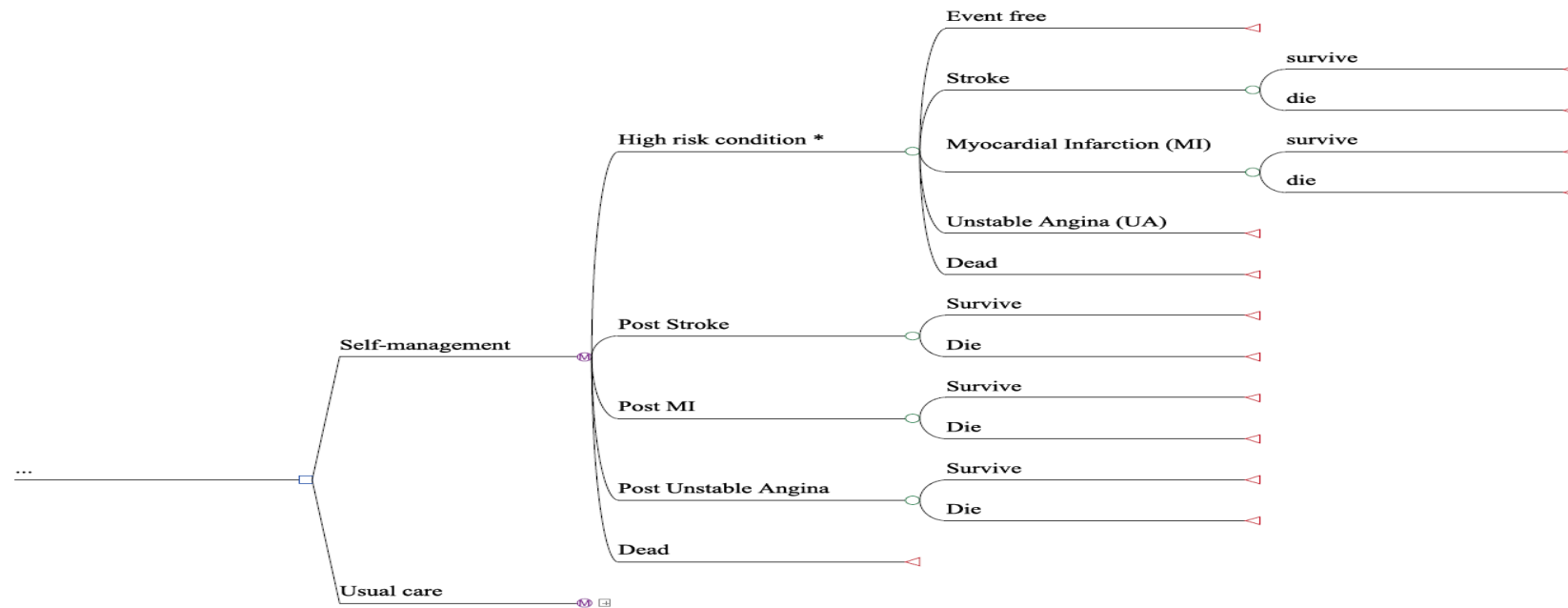


Figure 1 Markov model



* In the Markov model patients can enter through any of fifteen combinations of high risk conditions

Note: The Markov model is displayed for the self-management strategy only however, the model is identical for the usual care strategy.

