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Table 1. Descriptive statistics and correlations among the study measures in the clinical sample ($N = 458$).

Measure	<i>M</i>	<i>SD</i>	Range	<i>S</i>	<i>K</i>	α	1	2	3	4	5	6	7	8	9	10	11
1. HAQ	64.69	10.78	30-83	-.66	.04	.90											
2. DASS-21	32.30	11.44	5-61	.04	-.58	.91	.52*										
3. ASI-3-P	12.78	6.57	0-24	-.05	-1.06	.89	.56*	.39*									
4. ASI-3-C	9.71	6.25	0-24	.38	-.72	.89	.47*	.52*	.54*								
5. ASI-3-S	9.78	5.58	0-24	.37	-.62	.82	.28*	.38*	.45*	.55*							
6. HCQ-L	13.74	3.31	4-20	-.02	-.40	.81	.48*	.39*	.35*	.41*	.29*						
7. HCQ-A	18.03	2.13	8-20	-1.12	1.27	.79	.52*	.32*	.26*	.28*	.21*	.35*					
8. HCQ-C	13.10	4.48	6-28	.32	-.28	.84	.48*	.33*	.19*	.24*	.18*	.39*	.60*				
9. HCQ-M	8.86	1.72	3-15	.38	.55	.83	.11	.12	.01	.09	.07	.16*	.14*	.28*			
10. MCQ-HA-BT	9.85	3.94	5-20	.71	-.36	.82	.42*	.37*	.28*	.41*	.29*	.46*	.27*	.27*	.13*		
11. MCQ-HA-C	12.73	3.91	5-20	.13	-.85	.79	.34*	.32*	.21*	.27*	.21*	.33*	.28*	.20*	-.04	.28*	
12. MCQ-HA-U	12.21	2.54	4-16	-.64	-.05	.77	.61*	.43*	.35*	.31*	.20*	.38*	.48*	.41*	.12*	.44*	.29*

Note. * $p < .01$; *M* = Mean; *SD* = Standard deviation; *S* = Skewness; *K* = Kurtosis; α = Cronbach's alpha; HAQ = Health Anxiety Questionnaire; DASS-21 = Depression Anxiety Stress Scale-21; ASI-3 = Anxiety Sensitivity Index-3; ASI-3-P = ASI-3-Physical; ASI-3-C = ASI-3-Cognitive; ASI-3-S = ASI-3-Social; HCQ = Health Cognition Questionnaire; HCQ-L = HCQ- Likelihood of Illness; HCQ-A = HCQ-Awfulness of Illness; HCQ-C = HCQ-Difficulty Coping; HCQ-M = HCQ-Medical Services Inadequacy; MCQ-HA = Metacognitions Questionnaire-Health Anxiety; MCQ-HA-BT = MCQ-HA-Beliefs about Biased Thinking; MCQ-HA-C = MCQ-HA- Beliefs that Thoughts can Cause Illness; MCQ-HA-U = MCQ-HA-Beliefs that Thoughts are Uncontrollable.

Table 2. Hierarchical regression analysis predicting health anxiety symptoms (HAQ) in the clinical sample ($N = 458$).

	ΔR^2	Beta	t	p
Step 1	.27			<.001
DASS-21		.52	13.05	<.001
Step 2	.16			<.001
DASS-21		.33	7.89	<.001
ASI-3-P		.41	9.45	<.001
ASI-3-C		.13	2.66	<.01
ASI-3-S		-.05	-1.80	n.s.
Step 3	.13			<.001
DASS-21		.21	5.45	<.001
ASI-3-P		.36	9.26	<.001
ASI-3-C		.08	1.77	n.s.
ASI-3-S		-.06	-1.88	n.s.
HCQ-L		.14	3.87	<.001
HCQ-A		.22	5.48	<.001
HCQ-D		.16	3.89	<.001
HCQ-M		-.01	-.45	n.s.
Step 4	.05			<.001
DASS-21		.14	3.68	<.001
ASI-3-P		.32	8.64	<.001
ASI-3-C		.07	1.59	n.s.
ASI-3-S		-.07	-1.89	n.s.
HCQ-L		.09	2.48	<.05
HCQ-A		.14	3.57	<.001
HCQ-C		.14	3.47	<.001
HCQ-M		-.01	-.46	n.s.
MCQ-HA-BT		.04	1.14	n.s.
MCQ-HA-C		.05	1.52	n.s.
MCQ-HA-U		.25	6.61	<.001

Note. HAQ = Health Anxiety Questionnaire; DASS-21 = Depression Anxiety Stress Scale-21; ASI-3 = Anxiety Sensitivity Index-3; ASI-3-P = ASI-3-Physical; ASI-3-C = ASI-3-Cognitive; ASI-3-S = ASI-3-Social; HCQ = Health Cognition Questionnaire; HCQ-L = HCQ- Likelihood of Illness; HCQ-A = HCQ-Awfulness of Illness; HCQ-C = HCQ-Difficulty Coping; HCQ-M = HCQ-Medical Services Inadequacy; MCQ-HA = Metacognitions Questionnaire-Health Anxiety; MCQ-HA-BT = MCQ-HA-Beliefs about Biased Thinking; MCQ-HA-C = MCQ-HA- Beliefs that Thoughts can Cause Illness; MCQ-HA-U = MCQ-HA-Beliefs that Thoughts are Uncontrollable.