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Supplementary Appendix

This appendix has been provided by the authors to give readers additional information about their work.

Supplement to: Xu Y, Hackett M, Glozier N, et al. Return to driving after a diagnosis of epilepsy: a prospective registry study.

Table e-1 Participant characteristics and by follow-up status at 12 months after a diagnosis of epilepsy

Variable (at baseline unless specified)	Participants who drove at baseline (n = 181)	Follow-up status at 12 months		P value
		Driving status available (n = 152)	Excluded (n = 29)	
<i>Demographic and socioeconomic factors</i>				
Age, years	42 (28,56)	42 (28,56)	43(30,56),2	0.55
Male	96 (53)	81 (53)	15 (52)	0.88
Married/partnered ^a	106/176 (60)	88/147 (60)	18/29 (62)	0.82
Post-secondary education	98/180 (54)	79 (52)	19/28 (68)	0.12
Risk drinking level (≥ 5 for men, ≥ 4 for women on WHO-AUDIT)	55 (30)	47 (31)	8 (28)	0.72
Family function (APGAR), n	15 (13,15),178	15(13,15),150	15(14,15),2	0.48
Full/part time occupation before diagnosis	136/171 (80)	119/143 (83)	17/28 (61)	0.01
Full/part time student	33/177 (19)	28/150 (19)	5/27 (19)	0.99
Annual household income ≥ Aust\$100,400	82/169 (49)	71/143 (50)	11/26 (42)	0.49
Encountered economic hardship ^b	55/180 (31)	45/152 (30)	10/28 (36)	0.52
Private health insurance	111 (61)	96 (63)	15 (52)	0.25
Own accommodation with/without mortgage	95/179 (53)	80/151 (53)	15/28 (54)	0.95
≥ 2 preschool or school aged children in the household	32/165 (19)	27/137 (20)	5/28 (18)	0.82
Drive for work/education	97 (54)	88 (58)	9 (31)	0.01
Drive frequency (≥ 3 or 4 days per week)	138/178 (78)	118/150 (79)	20/28 (71)	0.40
Other licensed driver in household	122/142 (86)	122/142 (86)	-	-
<i>Clinical factors</i>				
No comorbidity ^c	124/180 (69)	105 (69)	19/28 (68)	0.90
Anxiety or depression (≥ 8 on HADS anxiety/depression subscale)	60/175 (34)	45/147 (31)	15/28 (54)	0.02
Psychosocial disability (WHO-DAS), n	14(13,18),178	14(13,17),150	16(13,23),2	0.17
<i>Epilepsy-related characteristics</i>				
Symptomatic ^d	68 (38)	55 (36)	13 (45)	0.38
Seizure frequency more than several times per year	51/157 (32)	45/134 (34)	6/23 (26)	0.48
No seizure occurrence in the preceding 8 months ^e	104/152 (68)	104 (68)	0/0	-
<2 AEDs ^e	133/152 (88)	133 (88)	0/0	-

Variable (at baseline unless specified)	Participants who drove at baseline (n = 181)	Follow-up status at 12 months		P value
		Driving status available (n = 152)	Excluded (n = 29)	
No family history of epilepsy	138/166 (83)	115/139 (83)	23/27 (85)	0.76
Stigma ^f	42/179 (23)	37 (24)	5/27 (19)	0.51

Data are number (percentage) or median (interquartile range).

WHO-AUDIT denotes World Health Organization Alcohol Use Disorders Identification Test alcohol consumption part, Family APGAR Family Adaptation, Partnership, Growth, Affection and Resolve questionnaire, HADS Hospital Anxiety and Depression Scale.

P values are for the comparisons of the study group with those excluded. Kruskal-Wallis and Chi squared tests used for continuous and categorical variables, respectively. If there were missing values, the actual denominators were presented.

^aVersus no current partner (i.e. never married, widowed, divorced or separated)

^bEither an instance of a household's inability to make a necessary household payment (i.e. gas, electricity or telephone bills, heat or cool home, mortgage or rent payments, etc.) or the demonstration of dissaving behavior (i.e. borrowing or use of savings, sell assets, borrow money, etc.)

^cIncludes self-reported cardiovascular, respiratory, ophthalmology, otorhinolaryngology, gastrointestinal, hepatic, renal, genito-urinary, musculoskeletal and endocrine-metabolic diseases, but not including neurological (e.g. epilepsy) and psychiatric/behavioral conditions

^dSymptomatic epilepsy due to encephalitis or meningitis, head injury, stroke or brain operation, versus idiopathic epilepsy

^eVariables collected at 12 months, reflecting the situation in the preceding 8 months

^fAs a result of epilepsy, the participants think that other people are uncomfortable, treat them differently, or prefer to avoid them

Table e-2 Participant characteristics and by if the baseline interview was conducted within 28 days after a diagnosis of epilepsy

Variable (at baseline unless specified)	Baseline interview		P value
	≤ 28 days (n = 53)	> 28 days (n = 99)	
<i>Demographic and socioeconomic factors</i>			
Age, years	42 (31, 58)	40 (28, 56)	0.40
Male	26 (49)	55 (56)	0.44
Married/partnered ^a	31 (58)	57/94 (61)	0.80
Post-secondary education	29 (55)	50 (51)	0.62
Risk drinking level (≥ 5 for men, ≥ 4 for women on WHO-AUDIT)	18 (34)	29 (29)	0.55
Family function (APGAR), n	15 (14, 15), 53	15 (13, 15), 97	0.44
Full/part time occupation before diagnosis	40/49 (82)	79/94 (84)	0.71
Full/part time student	9 (17)	19/97 (20)	0.70
Annual household income ≥ Aust\$100,400	27/50 (54)	44/93 (47)	0.45
Encountered economic hardship ^b	12 (23)	33 (33)	0.17
Private health insurance	34 (64)	62 (63)	0.85
Own accommodation with/without mortgage	28 (53)	52/98 (53)	0.98
≥ 2 preschool or school aged children in the household	12/46 (26)	15/91 (16)	0.18
Drive for work/education	28 (53)	60 (61)	0.35
Drive frequency (≥ 3 or 4 days per week)	42 (79)	76/97 (78)	0.90
Other licensed driver in household ^e	39/49 (80)	83/93 (89)	0.12
<i>Clinical factors</i>			
No comorbidity ^c	40 (75)	65 (66)	0.21
Anxiety or depression (≥ 8 on HADS anxiety/depression subscale)	14 (26)	31/94 (33)	0.41
Psychosocial disability (WHO-DAS), n	14 (13, 16), 53	14 (13, 18), 97	0.54
<i>Epilepsy-related characteristics</i>			
Symptomatic ^d	15 (28)	40 (40)	0.14
Seizure frequency more than several times per year	10/45 (22)	35/89 (39)	0.05
No seizure occurrence in the preceding 8 months ^e	33 (62)	71 (72)	0.23
<2 AEDs ^e	46 (87)	87 (88)	0.85
No family history of epilepsy	40/47 (85)	75/92 (82)	0.60

Variable (at baseline unless specified)	Baseline interview		P value
	≤ 28 days (n = 53)	> 28 days (n = 99)	
Stigma ^f	8 (15)	29 (29)	0.052

Data are number (percentage) or median (interquartile range).

WHO-AUDIT denotes World Health Organization Alcohol Use Disorders Identification Test alcohol consumption part, Family APGAR Family Adaptation, Partnership, Growth, Affection and Resolve questionnaire, HADS Hospital Anxiety and Depression Scale.

P values are for the comparisons of the study group with those excluded. Kruskal-Wallis and Chi squared tests used for continuous and categorical variables, respectively. If there were missing values, the actual denominators were presented.

^aVersus no current partner (i.e. never married, widowed, divorced or separated)

^bEither an instance of a household's inability to make a necessary household payment (i.e. gas, electricity or telephone bills, heat or cool home, mortgage or rent payments, etc.) or the demonstration of dissaving behavior (i.e. borrowing or use of savings, sell assets, borrow money, etc.)

^cIncludes self-reported cardiovascular, respiratory, ophthalmology, otorhinolaryngology, gastrointestinal, hepatic, renal, genito-urinary, musculoskeletal and endocrine-metabolic diseases, but not including neurological (e.g. epilepsy) and psychiatric/behavioral conditions

^dSymptomatic epilepsy due to encephalitis or meningitis, head injury, stroke or brain operation, versus idiopathic epilepsy

^eVariables collected at 12 months, reflecting the situation in the preceding 8 months

^fAs a result of epilepsy, the participants think that other people are uncomfortable, treat them differently, or prefer to avoid them

Table e-3 Association of participant baseline characteristics and driving status in the month before a diagnosis of epilepsy

Variable	Driving status		P value	AOR (95%CI)
	Driving (n = 181)	Not driving (n = 56)		
<i>Demographic and socioeconomic factors</i>				
Age, years	42 (28, 56)	30 (22, 64)	0.03	2.32 (1.00 to 5.41)
Male	96 (53)	26 (46)	0.39	
Married/partnered ^a	106/176 (60)	17/55 (31)	<0.001	
Post-secondary education	98/180 (54)	18 (32)	0.004	
Risk drinking level (≥ 5 for men, ≥ 4 for women on WHO-AUDIT)	55 (30)	16/55 (29)	0.85	
Family function (APGAR), n	15 (13, 15), 178	14 (11, 15), 50	0.03	1.22 (1.02 to 1.46)
Full/part time occupation before diagnosis	136/171 (80)	17/43 (40)	<0.001	8.22 (3.40 to 19.88)
Full/part time student	33/177 (19)	15/51 (29)	0.10	
Annual household income ≥ Aust\$100,400	82/169 (49)	11/51 (22)	<0.001	
Encountered economic hardship ^b	55/180 (31)	21/52 (40)	0.18	
Private health insurance	111 (61)	22 (39)	0.004	
Own accommodation with/without mortgage	95/179 (53)	17 (30)	0.003	2.90 (1.19 to 7.04)
≥ 2 preschool or school aged children in the household	32/165 (19)	3/48 (6)	0.03	
Drive for work/education	97 (54)	N/A	-	
Drive frequency (≥ 3 or 4 days per week)	138/178 (78)	N/A	-	
<i>Clinical factors</i>				
No comorbidity ^c	124/180 (69)	29/55 (53)	0.03	
Anxiety or depression (≥ 8 on HADS anxiety/depression subscale)	60/175 (34)	18/52 (35)	0.97	
Psychosocial disability (WHO-DAS), n	14 (13, 18), 178	15 (13, 27), 55	0.42	
<i>Epilepsy-related characteristics</i>				
Symptomatic ^d	68 (38)	21 (38)	0.99	
Seizure frequency more than several times per year	51/157 (32)	18/50 (36)	0.65	
No family history of epilepsy	138/166 (83)	37/54 (69)	0.02	2.89 (1.06 to 7.89)
Stigma ^e	42/179 (23)	13/52 (25)	0.82	
				C statistic 0.81

Data are number (percentage) or median (interquartile range).

AOR denotes adjusted odds ratio, CI confidence interval, WHO-AUDIT World Health Organization Alcohol Use Disorders Identification Test alcohol consumption part, Family APGAR Family Adaptation, Partnership, Growth, Affection and Resolve questionnaire, HADS Hospital Anxiety and Depression Scale.

P values are for the comparisons of drivers with non-drivers. Kruskal-Wallis and Chi squared tests used for continuous and categorical variables, respectively. If there were missing values, the actual denominators were presented.

^aVersus no current partner (i.e. never married, widowed, divorced or separated)

^bEither an instance of a household's inability to make a necessary household payment (i.e. gas, electricity or telephone bills, heat or cool home, mortgage or rent payments, etc.) or the demonstration of dissaving behavior (i.e. borrowing or use of savings, sell assets, borrow money, etc.)

^cIncludes self-reported cardiovascular, respiratory, ophthalmology, otorhinolaryngology, gastrointestinal, hepatic, renal, genito-urinary, musculoskeletal and endocrine-metabolic diseases, but not including neurological (e.g. epilepsy) and psychiatric/behavioral conditions

^dSymptomatic epilepsy due to encephalitis or meningitis, head injury, stroke or brain operation, versus idiopathic epilepsy

^eAs a result of epilepsy, the participants think that other people are uncomfortable, treat them differently, or prefer to avoid them

Appendix e-1 Clinical assessment at 12 months (Part A only)

PART A: CLINICAL COURSE

INTERVIEWER If you are interviewing a parent or other proxy about a participant, then replace “you/your” with the name of the participant.

TO THE PROXY: As the nominated person who can provide details about this person/child/teenager, I would like to ask you some questions that relate to this person’s turns and medical history.

TO THE PARTICIPANT: The questions I am going to ask you are in regard to the turns that you have had that appear related, or maybe due, to seizures or epilepsy.

TO BOTH SOURCES: The information you provide is confidential and will be used only for research.

INTERVIEWER: I’d like to ask you some questions about your / your child’s seizures / turns

1.	Have you experienced any seizures/attacks in the last 8 months?	☐ Yes	☐ No	
	1a. If yes, number of seizures/attacks			
	1b. Date of last seizure	/ /		
	1c. Was the seizure(s) the same as your usual seizures?	☐ Yes	☐ No	
	1c1. If No, please describe how the seizure(s) was different			
	1d. Was the seizure(s) focal?	☐ Yes	☐ No	☐ Don't know
	1e. Was the seizure(s) generalised?	☐ Yes	☐ No	☐ Don't know
2.	Did you need to visit the emergency department or some other doctor due to a seizure in the last 8 months?	☐ Yes	☐ No	
	2a. Were you transported by ambulance?	☐ Yes	☐ No	
	2b. Did the doctor say the seizures were epileptic?	☐ Yes	☐ No	
	2c. How many hospital readmissions have you had in the last 8 months?	(total number)		
3.	Have you developed any new medical problems in the last 8 months?	☐ Yes	☐ No	(Go to Part B)
		(please specify)		
	3a.			

Appendix e-2 Adult psychosocial assessment at baseline (Part F only)

PART F: TRANSPORT

INTERVIEWER: In the month before the diagnosis with epilepsy:

1. **What form/s of transport did you usually use to get to work/ place of education**

Please tick all that apply

- ☐ 01 Public transport (bus, train, ferry etc)
- ☐ 02 Car/truck/motorbike/motor scooter – as driver
- ☐ 03 Car/truck/motorbike/motor scooter – as passenger
- ☐ 04 Bicycle
- ☐ 05 Walked
- ☐ 06 Worked at home
- ☐ 07 Other please specify
- ☐ 08 Did not attend work/education

2. **What form/s of transport did you usually use to attend your usual domestic/social activities**
(shopping, transporting children to school, sporting activities etc)

Please tick all that apply

- ☐ 01 Public transport (bus, train, ferry etc)
- ☐ 02 Car/truck/motorbike/motor scooter – as driver
- ☐ 03 Car/truck/motorbike/motor scooter – as passenger
- ☐ 04 Bicycle
- ☐ 05 Walked
- ☐ 06 Other

3. **What type of vehicle(s) did you drive?**

Please tick all that apply

- ☐ 01 Private use vehicle
- ☐ 02 Public transport vehicle
- ☐ 03 Emergency service vehicle
- ☐ 04 Commercial vehicle
- ☐ 05 Heavy vehicle (truck, semitrailer etc)
- ☐ 06 Farm machinery or vehicle
- ☐ 07 Industrial machinery or vehicle
- ☐ 08 Did not drive question 5. Skip to
- ☐ 09 Other please specify

4. **How often did you drive, on average a week**

- ☐ 01 Every day
- ☐ 02 Five or six days per week
- ☐ 03 Three or four days per week
- ☐ 04 One or two days per week
- ☐ 05 Less than one day per week

5. **How important is it for you to be able to drive?**

- ☐ 01 Very important
- ☐ 02 Fairly important
- ☐ 03 Only slightly important
- ☐ 04 Not at all important

6. How much do you depend on being able to drive?**6a. For getting about socially?**

- ☐ 01 Not at all
- ☐ 02 A little
- ☐ 03 To some extent
- ☐ 04 A lot

6b. For getting to your place of work?

- ☐ 01 Not at all
- ☐ 02 A little
- ☐ 03 To some extent
- ☐ 04 A lot

6c. For carrying out your job?

- ☐ 01 Not at all
- ☐ 02 A little
- ☐ 03 To some extent
- ☐ 04 A lot

7. How much would not being able to drive affect your daily life?

- ☐ 01 A lot
- ☐ 02 To some extent
- ☐ 03 Only a little
- ☐ 04 Not at all
- ☐ 05 Not applicable

Appendix e-3 Adult psychosocial assessment at 12 months (Part F only)

PART F: TRANSPORT

INTERVIEWER: In the last 8 months:

1. What form/s of transport did you use to get to work and/or your place of education in the last 8 months

1a.	Public transport (bus, train, ferry etc)	☐ Y	Yes	☐ N	No
1b.	Car/truck/motorbike/motor scooter – as driver	☐ Y	Yes	☐ N	No
1c.	Car/truck/motorbike/motor scooter – as passenger	☐ Y	Yes	☐ N	No
1d.	Bicycle	☐ Y	Yes	☐ N	No
1e.	Walked	☐ Y	Yes	☐ N	No
1f.	Worked at home	☐ Y	Yes	☐ N	No
1g.	Other please specify: _____	☐ Y	Yes	☐ N	No
1h.	Did not attend work/education	☐ Y	Yes	☐ N	No

2. What form/s of transport did you use to attend your usual domestic/social activities (shopping, transporting children to school, sporting activities etc) in the last 8 months

2a.	Public transport (bus, train, ferry etc)	☐ Y	Yes	☐ N	No
2b.	Car/truck/motorbike/motor scooter – as driver	☐ Y	Yes	☐ N	No
2c.	Car/truck/motorbike/motor scooter – as passenger	☐ Y	Yes	☐ N	No
2d.	Bicycle	☐ Y	Yes	☐ N	No
2e.	Walked	☐ Y	Yes	☐ N	No
2f.	Other please specify: _____	☐ Y	Yes	☐ N	No

3. What type of vehicle(s) did you drive in the last 8 months?

3a.	Private use vehicle	☐ Y	Yes	☐ N	No
3b.	Public transport vehicle	☐ Y	Yes	☐ N	No
3c.	Emergency service vehicle	☐ Y	Yes	☐ N	No
3d.	Commercial vehicle	☐ Y	Yes	☐ N	No
3e.	Heavy vehicle (truck, semitrailer etc)	☐ Y	Yes	☐ N	No
3f.	Farm machinery or vehicle	☐ Y	Yes	☐ N	No
3g.	Industrial machinery or vehicle	☐ Y	Yes	☐ N	No
3h.	Did not drive (Go to question F5)	☐ Y	Yes	☐ N	No
3i.	Other please specify: _____	☐ Y	Yes	☐ N	No

4. How often did you drive, on average a week

- ☐ 01 Every day
☐ 02 Five or six days per week
☐ 03 Three or four days per week
☐ 04 One or two days per week
☐ 05 Less than one day per week

5. How important is it for you to be able to drive?

- ☐ 01 Very important
☐ 02 Fairly important
☐ 03 Only slightly important
☐ 04 Not at all important

6a.

- ☐ 01 Not at all

		☐ 2	A little
		☐ 3	To some extent
		☐ 4	A lot
6b.	How much do you depend on being able to drive for getting about socially?	☐ 1	Not at all
		☐ 2	A little
		☐ 3	To some extent
		☐ 4	A lot
6c.	How much do you depend on being able to drive for carrying out your job?	☐ 1	Not at all
		☐ 2	A little
		☐ 3	To some extent
		☐ 4	A lot
7.	How much does not being able to drive affect your daily life?	☐ 1	A lot
		☐ 2	To some extent
		☐ 3	Only a little
		☐ 4	Not at all
		☐ 5	Not applicable
8.	Do you have any other licensed drivers in your household?	☐ Y	Yes
		☐ N	No