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Prescribing emollients: answers

Janice Ann Davies

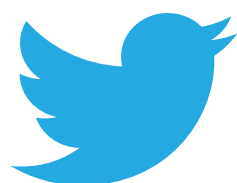
QUESTION 1

Complete the table (*Table 2, page 484*) with the quantity of emollient to prescribe for eczema for one month.

The answers can be seen in *Table 3*.

Table 3. Prescribing emollient for eczema for one month

Emollient	Pack sizes available	Adult or child	Body part affected	Quantity to prescribe for one month
Exocream	50 g, 500 g	Adult	Face	60–120 g (could try 2 x 50 g)
Epimax ExCetra cream	100 g, 500 g	Child	Whole body	2 to 4 x 500 g
Epimax Oatmeal cream	500 g	Adult	Trunk	1600 g (could try 3 x 500 g)
Epimax Original cream	100 g, 500 g	Adult	Both legs	400–800 g (could try 1 x 500 g)
Zero Double gel	100 g, 500 g	Child	Whole Body	2 to 4 x 500 g
Zeroderm ointment	125 g, 500 g	Adult	Both hands	100–200 g (could try 125 g)
Epimax ointment	125 g, 500 g	Child	Whole body	2–4 x 500 g
Cetraben	125 g, 450 g	Child	Whole body	1000 g to 2000 g (could try two to 5 x 450 g)
Hydromol ointment	125 g, 500 g	Adult	Mild dry skin on both legs	none – self care



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