

Primary care research across the cancer continuum

Dr Sam Merriel
GP and NIHR Advanced Fellow
Centre for Primary Care & Health Services
Research





Cancer

More than 500,000 people in UK 'will be diagnosed with cancer each year by 2040'

Cancer Research UK report says NHS risks being overwhelmed by cancer diagnoses

Anna Bawden

Fri 3 Feb 2023 06.00 GMT









Cancer Research UK's chief clinician says the NHS risks being overwhelmed by the volume of cancer diagnoses. Photograph: Peter Byrne/PA

More than 500,000 people in the UK will be diagnosed with cancer every year by 2040, according to analysis by Cancer Research UK.



Cancer in the UK

Progress in cancer survival, mortality, and incidence in seven high-income countries 1995–2014 (ICBP SURVMARK-2): a population-based study



Melina Arnold, Mark J Rutherford, Aude Bardot, Jacques Ferlay, Therese M-L Andersson, Tor Åge Myklebust, Hanna Tervonen, Vicky Thursfield, David Ransom, Lorraine Shack, Ryan R Woods, Donna Turner, Suzanne Leonfellner, Susan Ryan, Nathalie Saint-Jacques, Prithwish De, Carol McClure, Agnihotram V Ramanakumar, Heather Stuart-Panko, Gerda Engholm, Paul M Walsh, Christopher Jackson, Sally Vernon, Eileen Morgan, Anna Gavin, David S Morrison, Dyfed W Huws, Geoff Porter, John Butler, Heather Bryant, David C Currow, Sara Hiom, D Max Parkin, Peter Sasieni, Paul C Lambert, Bjørn Møller, Isabelle Soerjomataram, Freddie Bray



Summary

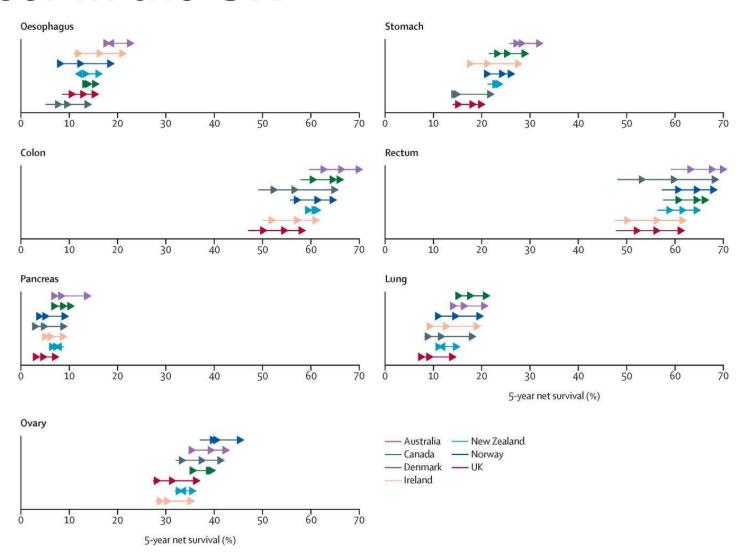
Background Population-based cancer survival estimates provide valuable insights into the effectiveness of cancer services and can reflect the prospects of cure. As part of the second phase of the International Cancer Benchmarking Partnership (ICBP), the Cancer Survival in High-Income Countries (SURVMARK-2) project aims to provide a comprehensive overview of cancer survival across seven high-income countries and a comparative assessment of corresponding incidence and mortality trends.

Lancet Oncol 2019; 20: 1493-505

Published Online September 11, 2019 http://dx.doi.org/10.1016/ S1470-2045(19)30456-5



Cancer in the UK

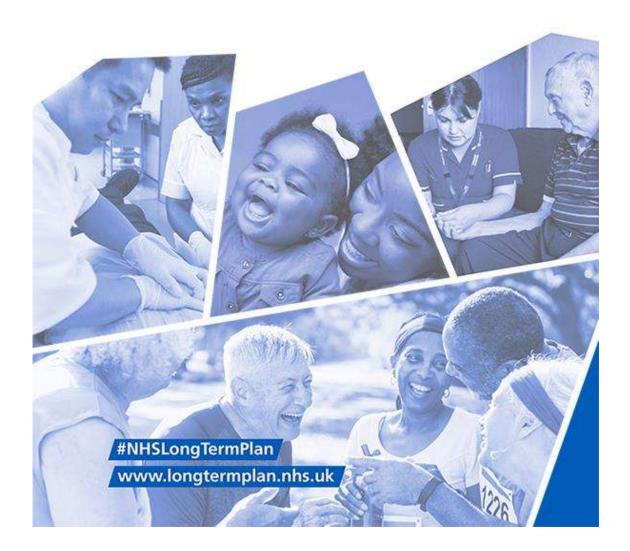






The NHS Long Term Plan

Cancer in the UK





Cancer in the UK

NHS Long Term Plan for Cancer

Cancer survival is the highest it's ever been and thousands more people now survive cancer every year. For patients diagnosed in 2015, one year survival was 72% over 11 per-centage points higher than in 2000.



We will modernise the Bowel Cancer Screening Programme to detect more cancers, earlier.



Sir Mike Richards will lead a review of the current cancer screening programmes and diagnostic capacity.



We will begin introducing a new faster diagnosis standard from 2020 to ensure most patients receive a definitive diagnosis or ruling out of cancer within 28 days of referral from a GP or from screening.



in the 2019 Spending Review in part to invest in new equipment, including CT and MRI scanners, which can deliver faster and safer tests.

The NHS will use its capital settlement to be negotiated



By 2021, where appropriate every person diagnosed with cancer will have access to personalised care, including needs assessment, a care plan and health and wellbeing information and support.







The Long Term Plan sets a new ambition that, by 2028, the proportion of cancers diagnosed at stages 1 and 2 will rise from around half now to three-quarters of cancer patients.



We will implement HPV primary screening for cervical cancer across England by 2020.



Over the next two years, we will extend the lung health checks that have already produced strong results in Liverpool and Manchester.



The new faster diagnosis standard will be underpinned by a radical overhaul of the way diagnostic services are delivered for patients with suspected cancer.



We will speed up the path from innovation to business-as-usual, spreading proven new techniques and technologies and reducing variation.



We will extend the use of molecular diagnostics and, over the next ten years, the NHS will routinely offer genomic testing to all people with cancer for whom it would be of clinical benefit, and expand participation in research.



After treatment, patients will move to a follow-up pathway that suits their needs, and ensures they can get rapid access to clinical support where they are worried that their cancer may have recurred.



Cancer in the UK

THE LANCET Oncology

NEWS · Volume 26, Issue 10, P1284, October 2025

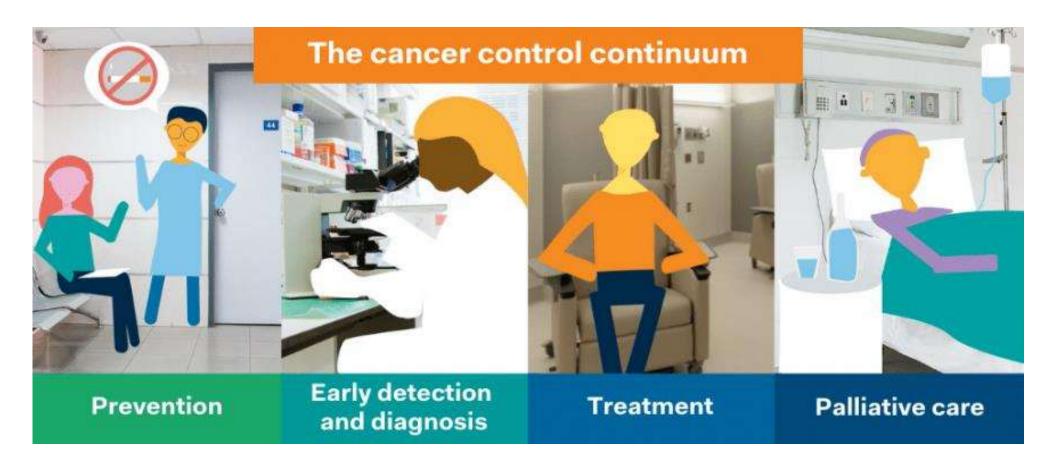


Delay to England's National Cancer Plan could cost lives





The University of Manchester







THE LANCET Oncology



Volume 16, Issue 12, September 2015, Pages 1231-1272

The Lancet Oncology Commission

The expanding role of primary care in cancer control

Prof Greg Rubin FRCGP ^a , Annette Berendsen PhD ^b, S Michael Crawford MD ^c, Rachel Dommett PhD ^d, Prof Craig Earle MD ^e, Prof Jon Emery DPhil ^f, Prof Tom Fahey MD ^g, Prof Luigi Grassi MD ^h, Prof Eva Grunfeld PhD ^e, Sumit Gupta MD ⁱ, Prof Willie Hamilton MD ^m, Sara Hiom PhD ⁿ, Prof David Hunter PhD ^a, Georgios Lyratzopoulos MD ^o, Prof Una Macleod PhD ^q, Prof Robert Mason MD ^r, Prof Geoffrey Mitchell FRACGP ^s, Prof Richard D Neal PhD ^t, Michael Peake FRCP ^u, Prof Martin Roland DM ^v, Bohumil Seifert PhD ^w, Prof Jeff Sisler MD ^x, Jonathan Sussman MD ^y, Stephen Taplin MD ^z, Prof Peter Vedsted PhD ^{aa}, Teja Voruganti MSc ^j, Fiona Walter MD ^v, Prof Jane Wardle PhD ^o, Prof Eila Watson PhD ^{ab}, Prof David Weller PhD ^{ac}, Richard Wender MD ^{ad}, Prof Jeremy Whelan PhD ^p, Prof James Whitlock MD ^k, Prof Clare Wilkinson MD ^t, Prof Niek de Wit PhD ^{ae}, Camilla Zimmermann PhD ^l





CANCER PREVENTION



Cancer prevention





Cancer prevention





Article

Actual and Potential Role of Primary Care Physicians in Cancer Prevention

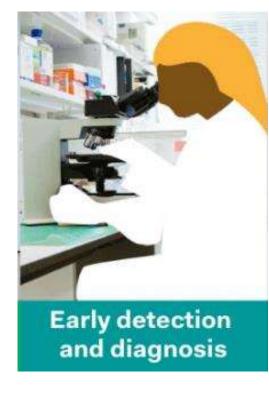
Marta Mańczuk , Irena Przepiórka, Magdalena Cedzyńska, Krzysztof Przewoźniak, Elwira Gliwska , Agata Ciuba, Joanna Didkowska and Paweł Koczkodaj *

Cancer Epidemiology and Primary Prevention Department, Maria Sklodowska-Curie National Research Institute of Oncology, 02-781 Warsaw, Poland

* Correspondence: pawel.koczkodaj@pib-nio.pl

https://doi.org/10.3390/cancers15020427





CANCER SCREENING



Cancer screening

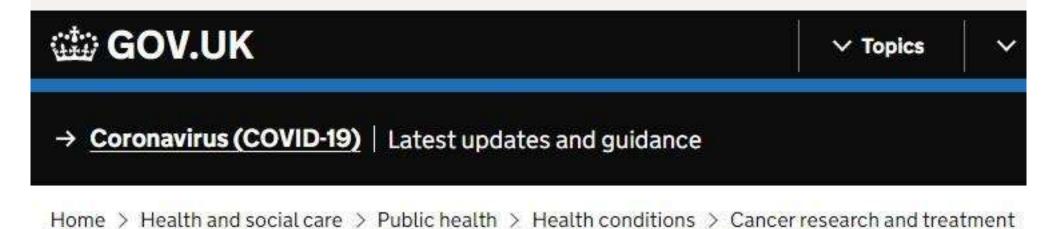
- Breast
- Bowel
- Cervical
- (Lung)



UK National Screening Committee



Prostate cancer screening



Guidance

Prostate cancer risk management programme: overview



Cancer screening

British Journal of Cancer

www.nature.com/bjc

REVIEW ARTICLE

OPEN



Epidemiology

Proactive breast cancer risk assessment in primary care: a review based on the principles of screening

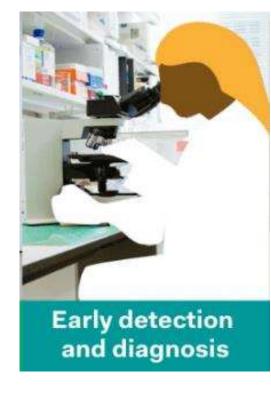
Juliet A. Usher-Smith 1²⁸, Sarah Hindmarch 10², David P. French 10², Marc Tischkowitz³, Sowmiya Moorthie 10⁴, Fiona M. Walter^{1,5}, Rebecca A. Dennison 1, Francisca Stutzin Donoso 1, Stephanie Archer^{1,6}, Lily Taylor 1, Jon Emery 1, Stephan Morris 1, Douglas F. Easton 3 and Antonis C. Antoniou 8

© The Author(s) 2023

In the UK, the National Institute for Health and Care Excellence (NICE) recommends that women at moderate or high risk of breast cancer be offered risk-reducing medication and enhanced breast screening/surveillance. In June 2022, NICE withdrew a statement recommending assessment of risk in primary care only when women present with concerns. This shift to the proactive assessment of risk substantially changes the role of primary care, in effect paving the way for a primary care-based screening programme to identify those at moderate or high risk of breast cancer. In this article, we review the literature surrounding proactive breast cancer risk assessment within primary care against the consolidated framework for screening. We find that risk assessment for women under 50 years currently satisfies many of the standard principles for screening. Most notably, there are large numbers of women at moderate or high risk currently unidentified, risk models exist that can identify those women with reasonable accuracy, and management options offer the opportunity to reduce breast cancer incidence and mortality in that group. However, there remain a number of uncertainties and research gaps, particularly around the programme/system requirements, that need to be addressed before these benefits can be realised.

British Journal of Cancer; https://doi.org/10.1038/s41416-023-02145-w





CANCER EARLY DETECTION



Cancer early detection

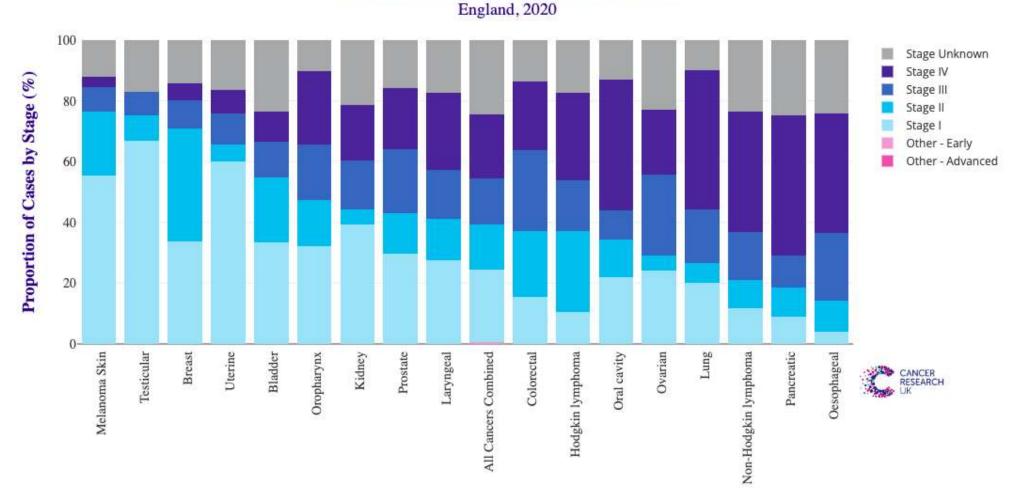


The Long Term Plan sets a new ambition that, by 2028, the proportion of cancers diagnosed at stages 1 and 2 will rise from around half now to three-quarters of cancer patients.



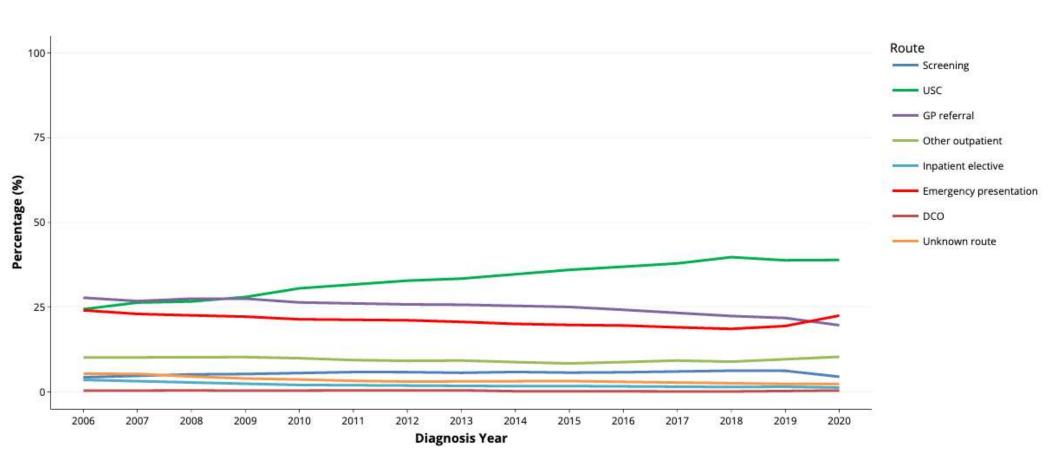
Cancer early detection







Routes to diagnosis





Presenting symptoms of cancer and stage at diagnosis: evidence from a cross-sectional, population-based study

Minjoung Monica Koo, Ruth Swann, Sean McPhail, Gary A Abel, Lucy Elliss-Brookes, Greg P Rubin, Georgios Lyratzopoulos

"For 13 of the 20 symptoms (abnormal mole, breast lump, postmenopausal bleeding, rectal bleeding, lower urinary tract symptoms, haematuria, change in bowel habit. hoarseness, fatique, abdominal pain, lower abdominal pain, weight loss, and the "any other symptom" category), more than 50% of patients were diagnosed at stages other than stage IV"

doi:10.1016/S1470-2045(19)30595-9

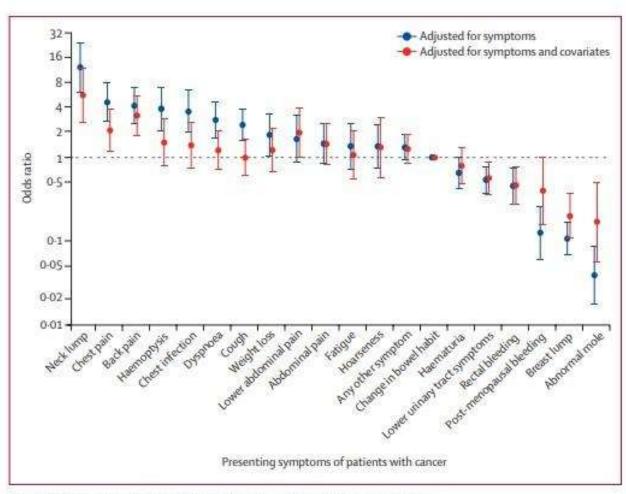
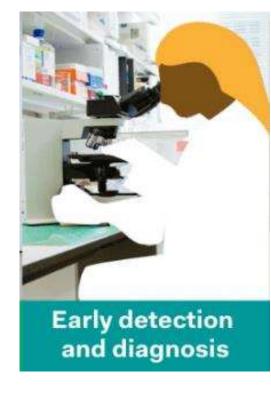


Figure 3: Odds ratios of stage IV disease by presenting symptoms seen alone

Odds ratios of stage IV disease by symptom without adjustment (blue); and with adjustment for sex, age group, ethnicity, IMD quintile, and cancer diagnosis (red). Data shown for 7997 patients with one of 12 cancers. Error bars represent 95% CIs; the dashed line represents the value of the reference group (patients with change in bowel habit). For odds ratios of symptoms when reported with other symptoms, see appendix p 9.





CANCER DIAGNOSTICS



Cancer diagnostics

Prime Minister visits Oldham Community Diagnostic Centre in Greater Manchester

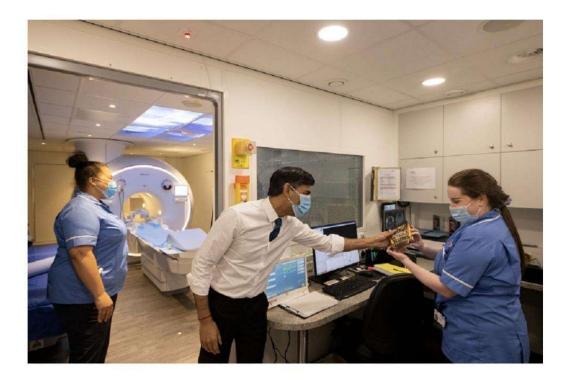
By Nigel Barlow - February 13, 2023 🔑 0











FOLLOW US

47 Fans

227 Followers

33,879 Followers



0 Subscribers

LATEST POSTS

Are the good days back at Manche Erik Ten Hag lead Manchester Unit

How To Sleep Well When You're Ca

How to Get Started Playing Cricket

How To Raise A Hap New-born of **Budget**



Cancer diagnostics



Editorials

Direct access to imaging for cancer from primary care

BMJ 2023 ; 380 doi: https://doi.org/10.1136/bmj-2023-074766 (Published 09 February 2023)

Cite this as: BMJ 2023;380:e074766

Linked Analysis

Early diagnosis of cancer: systems approach to support clinicians in primary care

Article

Related content

Metrics

Responses

Samuel W D Merriel, NIHR academic clinical lecturer 1, Igor Francetic, research fellow 1, Peter Buttle, patient representative

Author affiliations >

Correspondence to: S W D Merriel Samuel.merriel@manchester.ac.uk

A worthwhile policy undermined by shortfalls in workforce and scanner capacity





CANCER TREATMENT



Cancer treatment

Received: 11 June 2020

Revised: 16 November 2020

Accepted: 17 November 2020

DOI: 10.1002/pon.5604

ORIGINAL ARTICLE

WILEY

Effects of a time out consultation with the general practitioner on cancer treatment decision-making: a randomised controlled trial

Time out with the general practitioner and cancer treatment decision

```
Ietje A.A. Perfors¹ | Eveline A. Noteboom¹ □ | Niek J. de Wit¹ |

Elsken van der Wall¹ | Ella A. Visserman² | Thijs van Dalen³ |

Marc A.M.T. Verhagen³ | Arjen J. Witkamp¹ | Ron Koelemij⁴ |

Annebeth E. Flinterman³ | Eleonora B.L. van Dorst¹ | Kim A.B.M. Pruissen-Peeters⁴ |

Leon M.G. Moons¹ | Franz M.N.H. Schramel⁴ | Marcel T.M. van Rens³ |

Miranda F. Ernst⁵ | Anne M. May¹ | Charles W. Helsper¹
```



Cancer treatment



ProCare Trial: a phase II randomized controlled trial of shared care for follow-up of men with prostate cancer

Jon D. Emery*,†,‡, Michael Jefford^{§,¶}, Madeleine King**,††, Dickon Hayne^{‡‡,§§}, Andrew Martin^{¶¶}, Juanita Doorey[‡], Amelia Hyatt[¶], Emily Habgood*, Tee Lim***, Cynthia Hawks^{‡‡,§§}, Marie Pirotta*, Lyndal Trevena^{†††} and Penelope Schofield^{§,¶,‡‡‡}



Cancer treatment







CANCER SURVIVORSHIP



Cancer survivorship

Survival



Survive cancer for 10 or more years, 2010-11, England and Wales

Improvement



Cancer survival in the UK has doubled in the last 40 years

Variation



There is huge variation in survival between cancer types



Cancer survivorship



HOME

ONLINE FIRST

CURRENT ISSUE

ALL ISSUES

AUTHORS & REVIEWERS

Debate & Analysis

Cancer survivorship: the impact on primary care

Eila K Watson, Peter W Rose, Rosie Loftus and Ciaran Devane

British Journal of General Practice 2011; 61 (592): e763-e765. DOI: https://doi.org/10.3399/bjgp11X606771





PALLIATIVE CARE



End of life care

Gao et al. BMC Family Practice (2020) 21:76 https://doi.org/10.1186/s12875-020-01127-8

BMC Family Practice

RESEARCH ARTICLE

Open Access

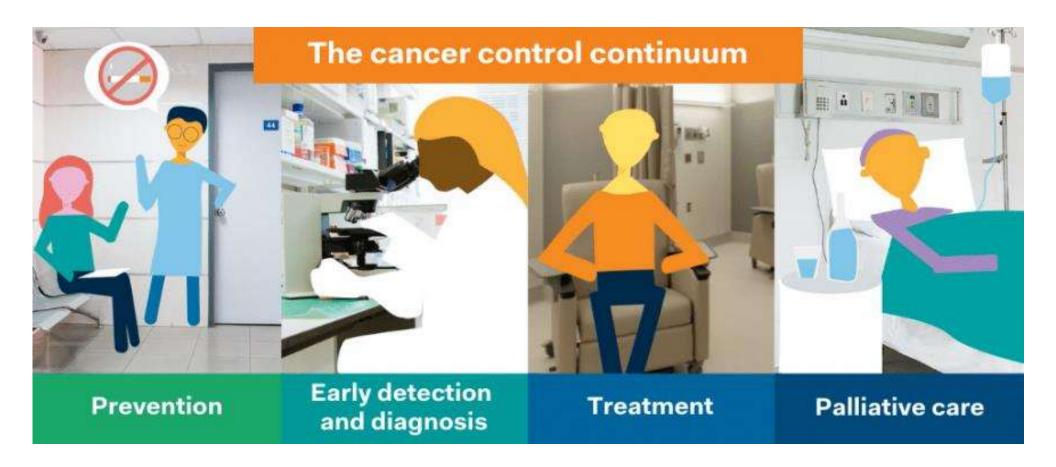
Primary care service use by end-of-life cancer patients: a nationwide population-based cohort study in the United Kingdom



Wei Gao^{1*}, Martin Gulliford², Myfanwy Morgan³ and Irene J. Higginson¹



The University of Manchester







PRIMARY CARE RESEARCH CONTEXT





Appointments Recorded in GP Practice and Primary Care Network Appointment Systems

33.1 million appointments were recorded across General Practice. Of these, 32.2m (including Covid-19 vaccinations) were recorded in General Practice appointment books from 98.9% of GP Practices and 950,000 appointments were recorded in PCN appointment books from 65.9% of PCN's recording appointments in PCN appointment books.



Home > RCGP news > RCGP warns of a 'mass exodus' of GPs within five years

RCGP warns of a 'mass exodus' of GPs within five years

Publication date: 10 November 2025





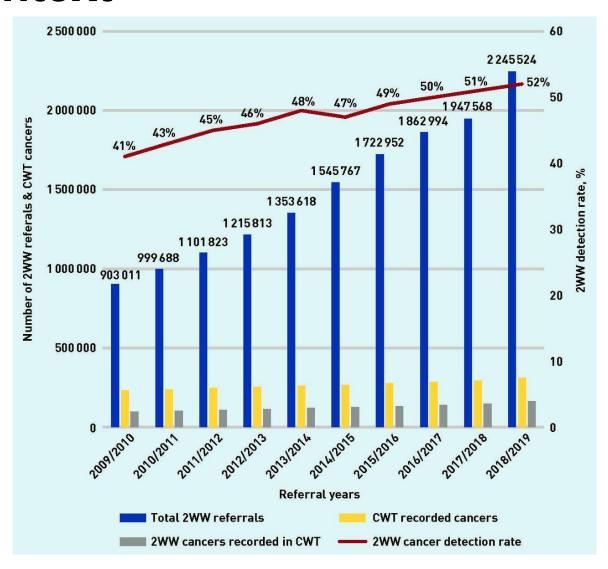








NHS context





Primary care cancer research

- 1. Prevention strategies that work
- 2. Better risk stratification of symptomatic patients
- 3. Impacts of increased access to diagnostics
- 4. Models of care for cancer survivors
- 5. Streamlining patient access



Thank you

Samuel.merriel@Manchester.ac.uk